

Programma for the DIALECT Spring school 02024  
**Maastricht University, The Netherlands**

**Monday April 22, 02024**

Travelling to Maastricht

**Tuesday April 23, 02024**

Universiteitssingel 50 (UNS50) F4.140A

8.45 – 9.00	Welcome, attaching ActivPALs
9.00 – 12.30	Workshop Presenting by GAAF.eu
12.30 – 13.30	lunch
13.30 – 15.00	preparing outreach event (beginning of April we will have an online event to get introduced to education format by Abhilasha) – Hans Savelberg
15.30 – 17.00	DCs and a supervisor, dialogue about diversity of the organization that DCs work in. We will ask DCs as a preparation to find out how their institute is organized and what their position in the organization is, and also to find out what kind of duties their supervisor(s) has/have. During the dialogue they present their findings to each other and discuss the diversity that will occur. – Hans Savelberg
17.00 – 18.00	Demo CAREN system – Hans Savelberg
18.00 - .....	dinner together, self-organized

**Wednesday April 24, 02024**

UNS50 H2.342A

9.00 – 12.30	workshop on assessing physical activity Brenda Berendsen/Annemarie Koster: various approaches to measure physical activity behaviour Physical Activity and Health, observational and intervention studies, development of guidelines, de Maastricht Study, Physical Activity
11.30 – 12.30	Kurt Driessens/Zijia Liu: Physical Activity Patterns, big data
12.30 – 13.30	lunch
13.30 - 15.00	Your own Physical Activity Behaviour – Brenda Berendsen
15.30 – 17.00	DCs' dialogue on personal development. Also for this session we will ask the DCs to prepare some homework about personal challenges in communication, collaboration, living in another country, whatever bothers them). DCs will discuss this together without supervisors being present. They can decide to involve supervisors at a later moment

18.00 - .... dinner together, self-organised

### **Thursday April 25, 02024**

UNS50 H2.342A

8.30 – 8.45	Nicolaas Schaper: Clinical perspective and relevance of measuring plantar pressure patterns
8.45 – 10.30	Axel Kalpen: about measuring plantar pressure patterns, state of the art and future perspectives
	Coffee break
	Demo: measuring plantar pressure patterns
10.30 – 11.30	Sicco Bus/Jaap van Netten: How can information about plantar pressure patterns be used in clinical settings
12.00 – 13.00	outreach to students Bachelor Health Sciences, small groups 5-8 students/DC
13.00 – 14.00	lunch
14.30 – 17.00	disturbing sensory information and measuring plantar pressures workshop – do it yourself
19.00 - .....	Consortium Dinner at Restaurant 'Le petit bonheur', Achter de Molens 2, 6211 JC Maastricht

### **Friday April 26, 02024**

UNS60 M501

9.00 – 17.00 Consortium meeting

### **Saturday April 27, 02024**

Visiting King's day or traveling home